

Chapter 5 – Mind Mansion Mapping

Mind-Mansion Floor Plan:

Visualize your mind like a house with themed rooms.

Use this page to draw or name different spaces:

- Safe Space – Where you go to relax mentally
- Motivation Room – Decorated with your dreams & goals
- Confidence Closet – Full of past wins and affirmations

Build your inner world in detail—it's your mindset home base!