

Chapter 7 – Boss Battle Bravery

Level-Up Cartridge Cover

Power-up your goals like an old-school video game cartridge!

Instructions:

1. Write your current goal or challenge on the game label below.
2. Decorate the cover with drawings, words, or stickers that reflect your personal 'boss battle.'
3. On the back, write your secret cheat codes (affirmations or rituals) to help you win.

Print, cut, and tape this to a journal, mirror, or your desk to remind yourself: you've got this.



Write Your Goal Here